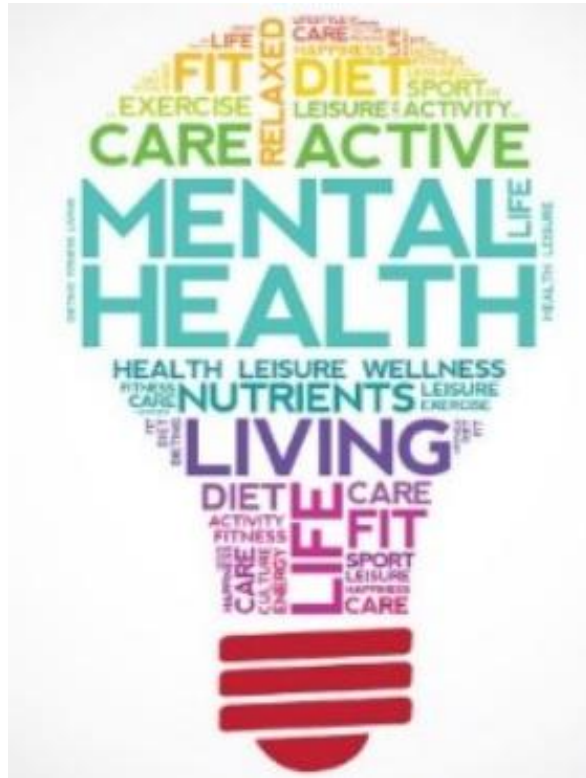




Y2

PSHE Term Summer 1

Topic: Health and wellbeing.



Key Vocabulary:	
Healthy	In a good physical or mental condition.
Unhealthy	Not having or showing good health.
Personal hygiene	Practices or daily routines that keep the body clean.
Germ	A microorganism, especially one which causes disease.
Tooth decay	The destruction of tooth enamel caused by acids.
Vaccination	Treatment with a vaccine to produce immunity to a particular infectious disease or pathogen.
Immunisations	The process of protecting a person or animal from an infectious disease.
Allergies	An exaggerated immune response to a normally harmless substance.
Moods	A temporary state of mind or feeling.
Vulva	The external female genitals.
Vagina	A muscular tube that leads from the cervix to the outside of a female's body.
Penis	External male genitalia.
Testicles	

Sequence of Learning:					
Objectives (key knowledge):					
To know the importance of, and routines for, brushing teeth and visiting the dentist and about food	To know why sleep and rest are important for growing and keeping healthy.	To learn that medicines, including vaccinations and immunisations, can help people stay healthy and manage allergies.	To know how to describe and share a range of feelings ways to feel good, calm down or change their mood.	To know how our needs and bodies change as we grow up and to identify and name the main parts of the body including external genitalia	To know about change as people grow up, including new opportunities and responsibilities and preparing to move to a new class and setting goals for next year.



Y2
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and drink that affect dental health.				(e.g. vulva, vagina, penis, testicles)	
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