



| Key Vocabulary: | |
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| hurtful | When someone does or says something that makes you feel sad or in pain. |
| bullying | When someone keeps being mean to you or others on purpose, like calling names or pushing. |
| uncomfortable | When something doesn't feel quite right. |
| surprise | Something that happens that you didn't know was going to happen, like a gift or a party. |
| secret | Something that isn't told to everyone. |
| worries | Feeling a little scared or nervous about something. |
| unsafe | When something could hurt you. |
| similarities | Things that are the same in different things, like how two friends might both have blue eyes. |
| differences | Things that are not the same. |
| pressure | When someone is trying to make you do something you don't want to do. |
| cooperation | When people work together to do something. |
| share | To let someone else use something that is yours. |
| turn-taking | Waiting for your chance to do something, like during a game. |
| discussion | Talking about something with others and sharing ideas. |
| views | What you think or believe about something |

| Sequence of Learning: | | | | | |
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| Objectives (key knowledge): | | | | | |
| To know how to recognise hurtful behaviour, including online | To know what to do and whom to tell if they see or experience hurtful behaviour, including online. | To know what bullying is and the different types of bullying. | To know how someone may feel if they are bullied. | To know the difference between happy surprises and secrets that make them feel uncomfortable or worried and how to get help. | To know how to resist pressure to do something that feels uncomfortable or unsafe. |



Y2

PSHE Term Autumn 2

Topic: Safe relationships and respecting ourselves and others.