



PSHE
Y6 Autumn 1
Topic DAaRT (2 week block)



| Key Vocabulary: | |
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| addicted | Physically or psychologically dependent on a drug. |
| alcohol | The ingredient found in beer, wine and spirits that causes drunkenness. |
| consequence | A result of making a choice or decision |
| difference | The qualities or characteristics that make one person unlike another. |
| drugs | Substances a person takes which change the way they feel, think or behave |
| hate crime / incident | Treating people in a negative way based on their differences. This can sometimes be illegal.. |
| health effect | What happens to the body as a result of using a drug. |
| inhale | To breathe air, smoke or gas into your lungs. |
| peer pressure | When someone who is similar in age to you tries to get you to do something you may or may not want to do. |
| prejudice | A view of someone based on them being different often formed by a stereotype. |
| resilience | Dealing with challenges; the ability to cope when things go wrong. |
| responsible | Being reliable and dependable; people can count on you. |
| risk | Taking a chance with the possibility of something going wrong. |
| stress | Any strain or pressure felt about a situation or an event. |
| theft | To take or receive anything not belonging to you, intending to keep it and knowing the owner has not given their permission. |

| Sequence of Learning: | | | | |
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| Objectives (key knowledge): | | | | |
| To know the effects of alcohol on the body. | To learn how to deal with stressful situations. | To learn what peer pressure is and how to deal with it. | To know that scenarios have risks and consequences. | To learn to respect all people and their differences. |
| To learn how to communicate effectively. | To know the dangers of knives. | To learn about non-verbal communication. | To know what it means to be a 'good citizen'. | To know who to speak to for help and support. |



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