



Key Vocabulary:	
Friendship	A close and supportive relationship between people
Inclusion	The act of making others feel welcome and valued in a group or activity.
Peer	Someone of equal standing or age, often in the same social group (like classmates or coworkers).
Influence	The ability to affect someone's decisions or behaviour.
Approval	Acceptance or positive regard from others, often valued in friendships.
Resolve	To find a solution to a disagreement or problem.
Reconcile	To restore friendly relations after a disagreement
Assertive	Communicating needs or opinions confidently and respectfully
Acceptable	Something that is allowed, approved, or considered okay in a particular situation or by a group of people.
Unacceptable	Something that is not allowed, approved, or considered okay; it goes against rules or expectations.
Permission	Official or personal consent to do something
Consent	Giving clear and voluntary agreement, especially in personal boundaries.

Sequence of Learning:					
Objectives (key knowledge):					
LO: To learn what makes a healthy friendship and how they make people feel included and strategies to help someone feel included.	LO: To learn the impact of the need for peer approval in different situations, including online and strategies to manage peer influence and approval.	LO: To learn that it is common for friendships to experience challenges and to develop strategies to positively resolve disputes.	LO: To know how to recognise if a friendship is making them feel unsafe, worried, or uncomfortable and when and how to seek support in relation to friendships.	LO: to identify what physical touch is acceptable, unacceptable, wanted or unwanted in different situations and how to ask for, give and not give permission for physical contact.	LO: that no one should ask them to keep a secret that makes them feel uncomfortable or try to persuade them to keep a secret they are worried about and who to tell if they are concerned about unwanted physical contact.