

# I Can Stay Safe



Key Vocabulary:	
Setback	Something that makes it harder to reach your goal or slows you down for a while.
Reframe	Looking at something in a different or more positive way.
Challenge	Something that is hard to do but helps you grow stronger or smarter.
Resilience	Being strong inside and not giving up, even when things get tough.
Hazzard	Something that could hurt you or cause problems.
Danger	Something that can cause harm or hurt you.
Rules	Instructions that tell us how to behave or do things the right way.

## Sequence of Learning:

### Objectives (key knowledge):

To learn basic strategies to manage and reframe setbacks.	To learn strategies to develop resilience when facing challenges.	To know how to spot typical hazards and dangers at home and school	To learn about fire safety and the need for smoke alarms.	To know the importance of following rules from parents, teachers and other adults.	To learn how to keep themselves safe in the local environment or unfamiliar places.
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