



PSHE
Y1 Autumn 2

Topic Safe relationships and respecting ourselves and others.



Key Vocabulary:	
private	Something that is just for you and not meant to be shared with others.
privacy	Keeping things to yourself and having your own space.
secret	Something that is kept hidden or not told to others.
uncomfortable	Feeling uneasy or not at ease.
unsafe	Not safe; something that could cause harm or danger.
trusted adult	An adult who you can count on and feel safe talking to.
permission	Getting agreement or approval to do something.
kind	Being nice and helpful to others.
unkind	Not nice; being mean to someone.
respect	Treating others how you want to be treated, with care and honour.
rules	Instructions or guidelines that tell us what we can and cannot do.
polite	Being respectful and nice when talking to others.
manners	he way we behave towards others, especially at mealtimes or in social situations.

Sequence of Learning:					
Objectives (key knowledge):					
To know how to identify different types of touch and how they make people feel (e.g. hugs, tickling, kisses and punches).	To know how to respond if being touched makes them feel uncomfortable or unsafe.	To know when it is important to ask for permission to touch others how to ask for and give/not give permission.	To know what kind and unkind behaviour mean in and out school.	To know how kind and unkind behaviour can make people feel. about what respect means.	To know about class rules, being polite to others, sharing and taking turns.
Child facing objectives.					
To know how people touch each other and how it makes them feel.	To know how to tell if I don't like being touched.	To know when it is important to ask permission to touch others and how to ask.	To know what kind and unkind behaviour looks like.	To know how kind and unkind behaviour makes people feel	To know our class rule and how to follow them.