



PSHE
Y1 Autumn 1
Topic Relationships and families



Key Vocabulary:	
stepmum	A stepmum is the woman who is married to your dad but is not your real mum.
stepdad	A stepdad is the man who is married to your mum but is not your real dad.
grandma	Grandma is a special name for your grandmother, who is your mother's or father's mum.
grandad	Grandad is a special name for your grandfather, who is your mother's or father's dad.
cousin	A cousin is the child of your aunt or uncle.
friend	A friend is someone you like to spend time with and play with.
teacher	A teacher is a person who helps you learn new things at school.
relative	A relative is someone in your family, like a cousin, aunt, or grandparent.
family	Family means the people who live with you or are related to you, like your parents and siblings.
different	Different means not the same as something or someone else.
feeling	A feeling is something you experience inside, like being happy or sad.
hurt	Hurt means to feel pain or to be sad because of something.

Sequence of Learning:					
Objectives (key knowledge):					
To know about people who care for them, e.g. parents, siblings, grandparents, relatives, friends, teachers.	To know the role these different people play in children's lives and how they care for them.	To know what it means to be a family and how families are different, e.g. single parents, same-sex parents, etc.	To know about the importance of telling someone — and how to tell them — if they are worried about something in their family.	To know about situations when someone's body or feelings might be hurt and whom to go to for help.	To know about what it means to keep something private, including parts of the body that are private.
Child facing objectives.					
To know about the people who care for me.	To know how people care for me.	To know what a family is and how they can be different.	To know who I can tell my worries to.	To know when people might be sad and where to get help.	To know what private means and that parts of my body are private.