

# Intake Farm Primary School and Nursery

## PSHE inc RSE progression



FS			Vocabulary
<b>Relationships</b>	<i>Families and friendships</i>	Themselves and the people around them	Friends, teachers, parents, brothers and sisters, grandparents,
	<i>Safe relationships</i>	Making friends New adults in school	Friends, teacher, teaching assistant, midday supervisor
	<i>Respecting ourselves and others</i>	Taking turns Listening to others Sharing how we feel	Behaviour, school, kind, feeling's, respect, polite, rules, sharing, turn taking
<b>Living in the Wider World</b>	<i>Belonging to a community</i>	Belonging to my class What rules are	Rules, nursery, foundation stage
	<i>Media literacy and digital resilience</i>	Using computers in learning	Internet, digital, devices, safety, online
	<i>Money and work</i>	The jobs people do around us	Teacher, teaching assistant, fire fighter, police officer, community, jobs, work
<b>Health and Wellbeing</b>	<i>Physical health and Mental wellbeing</i>	What happens when we exercise? Choosing health foods	Exercise, heart breathing, healthy, unhealthy,
	<i>Growing and changing</i>	How we will grow. Moving on to the next class	Older, bigger, baby, child, teenager, grown up
	<i>Keeping safe</i>	Water safety	Safe, danger, water, river, reservoir

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## PSHE inc RSE progression



Year 1			Vocabulary
<b>Relationships</b>	<i>Families and friendships</i>	Roles of different people Families Feeling cared for	Friends, teachers, parents, sibling, grandparents, relatives, families
	<i>Safe relationships</i>	Recognising privacy Staying safe Seeking permission	feeling's, help, private, uncomfortable, safe, unsafe, permission
	<i>Respecting ourselves and others</i>	How behaviour affects others Being polite and Respectful	Behaviour, school, kind, feeling's, respect, polite, rules, sharing
<b>Living in the Wider World</b>	<i>Belonging to a community</i>	What rules are Caring for others' needs Looking after the environment	Rules, care, environment, recycling, differences
	<i>Media literacy and digital resilience</i>	Using the internet and digital devices Communicating online	Internet, digital, devices, safety, online
	<i>Money and work</i>	Strengths and interests; jobs in the community	Strengths, interests, community, jobs, work
<b>Health and Wellbeing</b>	<i>Physical health and Mental wellbeing</i>	Keeping healthy Food and exercise, hygiene routines Sun safety	Healthy, hygiene, care, unhealthy, balance, safe
	<i>Growing and changing</i>	Recognising what makes them unique and special Feelings Managing when things go wrong	Unique, special, same, different, feelings, recognise
	<i>Keeping safe</i>	How rules and age restrictions help us Keeping safe online	Safe, restrictions, online, trust, feelings

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## PSHE inc RSE progression



Year 2			Vocabulary
Relationships	<i>Families and friendships</i>	Making friends Feeling lonely and getting help	Kindness, listening, honesty, friends, inclusion, arguments, help
	<i>Safe relationships</i>	Managing secrets Resisting pressure and getting help Recognising hurtful behaviour	Online, bullying, feelings, differences, secrets, uncomfortable, worried
	<i>Respecting ourselves and others</i>	Recognising things in common and differences Playing and working cooperatively Sharing opinions	Classmates, friends, common, differences, groups, situations, discussions, reasons
Living in the Wider World	<i>Belonging to a community</i>	Belonging to a group; roles and responsibilities Being the same and different in the community	Groups, roles, teams, faiths, responsibilities, community
	<i>Media literacy and digital resilience</i>	The internet in everyday life Online content and information	Internet, purpose, value, content, recognise
	<i>Money and work</i>	What money is Needs and wants Looking after money	Currency, jobs, banks, savings, money, spending
Health and Wellbeing	<i>Physical health and Mental wellbeing</i>	Why sleep is important Medicines and keeping healthy Keeping teeth healthy Managing feelings and asking for help	Routines, mental health, growing, changing, teeth, dentist, feelings, bereavement
	<i>Growing and changing</i>	Growing older Naming body parts Moving class or year	life cycle, human, bodies, responsibilities, goals, changes
	<i>Keeping safe</i>	Safety in different environments Risk and safety at home Emergencies	Medicines, safety, unsafe, danger, accident, emergency

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Year 3			Vocabulary
<b>Relationships</b>	<i>Families and friendships</i>	What makes a family Features of family life	Recognise, respect, stability, love, support, caring, unsafe
	<i>Safe relationships</i>	Personal boundaries Safely responding to others The impact of hurtful behaviour	Family, classmates, boundaries, respect, safe, behaviour, bullying
	<i>Respecting ourselves and others</i>	Recognising respectful behaviour The importance of self-respect Courtesy and being polite	Respect, help, responsible, self-respect, polite, cultures, society
<b>Living in the Wider World</b>	<i>Belonging to a community</i>	The value of rules and laws Rights, freedoms and responsibilities	Laws, society, human rights, responsibilities, rights, police
	<i>Media literacy and digital resilience</i>	How the internet is used Assessing information online	Leisure, online, reliable, websites, choices
	<i>Money and work</i>	Different jobs and skills Job stereotypes Setting personal goals	Jobs, vocation, myths, stereotypes, teamwork, achievements
<b>Health and Wellbeing</b>	<i>Physical health and Mental wellbeing</i>	Health choices and habits What affects feelings Expressing feelings	Choices, healthy, unhealthy, influence, habits, lifestyle, physical
	<i>Growing and changing</i>	Personal strengths and achievements Managing and reframing setbacks	Valuable, contributions, self-worth, setbacks, challenges, identity
	<i>Keeping safe</i>	Risks and hazards Safety in the local environment and unfamiliar places	Hazards, risks, alarms, safety, rules, environment

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## PSHE inc RSE progression



Year 4			Vocabulary
Relationships	<i>Families and friendships</i>	Positive friendships, including online	Friendships, positive, digital devices, communicating, contact, online, healthy
	<i>Safe relationships</i>	Responding to hurtful behaviour Managing confidentiality Recognising risks online	Differentiate, experiences, bullying, dares, pressures, confidence, harmful, pretending
	<i>Respecting ourselves and others</i>	Respecting differences and similarities Discussing difference sensitively	Recognise, gender, race, faith, values, respect, differences, include
Living in the Wider World	<i>Belonging to a community</i>	What makes a community Shared responsibilities	Community, belonging, differences, volunteering, compassion, responsibilities
	<i>Media literacy and digital resilience</i>	How data is shared and used	digital footprint, organisations, online, adverts, fact/ fiction
	<i>Money and work</i>	Making decisions about money Using and keeping money safe	Budgets, value, important, payment, charities
Health and Wellbeing	<i>Physical health and Mental wellbeing</i>	Maintaining a balanced lifestyle Oral hygiene and dental care	Balance, healthy, recognise, illness, support, care, dental health
	<i>Growing and changing</i>	Physical and emotional changes in puberty External genitalia Personal hygiene routines Support with puberty	Identify, hygiene, emotion, help, puberty, information
	<i>Keeping safe</i>	Medicines and household products; drugs common to everyday life	Medicines, drug, cigarettes, habit, e-cigarettes, vaping

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## PSHE inc RSE progression



Year 5			Vocabulary
<b>Relationships</b>	<i>Families and friendships</i>	Managing friendships and peer influence	Healthy, friendships, relationship, influence, communication, support, peer
	<i>Safe relationships</i>	Physical contact and feeling safe	Permission, contact, uncomfortable, unacceptable, secret, worried, concerned
	<i>Respecting ourselves and others</i>	Responding respectfully to a wide range of people Recognising prejudice and discrimination	Treated, equally, respect, discrimination, bullying, online, report, safety
<b>Living in the Wider World</b>	<i>Belonging to a community</i>	Protecting the environment Compassion towards others	Resources, protecting, environment, actions, compassion, responsibility
	<i>Media literacy and digital resilience</i>	How information online is targeted Different media types, their role and impact	Identify, purpose, fact, opinion, stereotypes, reliable, information
	<i>Money and work</i>	Identifying job interests and aspirations What influences career choices Workplace stereotypes	Jobs, ambition, career, conditions, inclusion, diversity
<b>Health and Wellbeing</b>	<i>Physical health and Mental wellbeing</i>	Healthy sleep habits Sun safety Medicines, vaccinations, immunisations and allergies	Lifestyle, healthy, outdoors, sun safety, illness, cleanliness, virus, allergies
	<i>Growing and changing</i>	Personal identity Recognising individuality and different qualities Mental wellbeing	personal identity, gender, recognise, respect, express, well being
	<i>Keeping safe</i>	Keeping safe in different situations, including responding in emergencies, first aid and FGM	Unsafe, emergency, risk, FGM, injuries, responsibility

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Year 6			Vocabulary
<b>Relationships</b>	<i>Families and friendships</i>	Attraction to others Romantic relationships Civil partnership and marriage	Relationship, attraction, healthy, commitment, love, marriage
	<i>Safe relationships</i>	Recognising and managing pressure Consent in different situations	Friendship, pressure, dares, unsafe, worried, guidance, support
	<i>Respecting ourselves and others</i>	Expressing opinions and respecting other points of view, including discussing topical issues	Values, behaviours, respect, disagreements, conflict, views, listen
<b>Living in the Wider World</b>	<i>Belonging to a community</i>	Valuing diversity Challenging discrimination and stereotypes	Prejudice, discrimination, challenge, serotypes, influence
	<i>Media literacy and digital resilience</i>	Evaluating media sources Sharing things online	Contacting, communicating, safety, social media, sharing, age restrictions, connecting
	<i>Money and work</i>	Influences and attitudes to money Money and financial risks	Role, value, work, finances, risk, gambling
<b>Health and Wellbeing</b>	<i>Physical health and Mental wellbeing</i>	What affects mental health and ways to take care of it Managing change, loss and bereavement Managing time online	Feelings, mental health, conflict, support, changes, bereavement, balance, online
	<i>Growing and changing</i>	Human reproduction and birth Increasing independence Managing transition	Independence, changes, secondary, routines, intercourse, contraception
	<i>Keeping safe</i>	Keeping personal information safe Regulations and choices Drug use and the law Drug use and the media	online, images, appropriate, text, share, restrictions, laws, drugs, organisations, media