

PE Invasion Games Handball

Y6

National Curriculum subject content:
<ul style="list-style-type: none"> ✓ Use running jumping, throwing and catching in isolation. ✓ Play competitive games and apply basic principles of attacking and defending. ✓ Develop flexibility, strength, technique, control, and balance.
National Curriculum theme:
<ul style="list-style-type: none"> ✓ Invasion games ✓ Large ball skills



Key Vocabulary:	
Counterattack	an attack made in response to opponent
Evade	escape or avoid by cleverness
Invasion	to go into opponents' space or territory
Jump shot	vertical jump shot thrown downwards to opponents' goal
Reaction time area intercept	how quickly you do something get into an area / get the object
Safe zone	an area where you cannot go or score from
Scanning	quickly look around in all directions
Speed/ space timing	how long something takes
Standing shot	feet still, using shoulder pass technique
Static	motionless or still
Strategy	a plan
Tactic	an action or strategy carefully planned
W hand	hands in w position (thumbs touching)

Sequence of Learning:					
Objectives (key knowledge):					
To learn to pass the ball correctly using an overhead pass, bounce pass and side pass techniques in a static and on-the-move position. Passing and receiving.	To learn to pass and receive a ball fluently on the move without stopping. Ball handling and movement as a team.	To learn how to hit a target using a standing and jumping shot.	To learn to apply attacking principles to create scoring opportunities and apply defending principles to prevent scoring opportunities.	To learn to use tactics and strategies as part of a team to be successful. To learn how to show leadership skills by sharing ideas. Team games	To learn to use tactics and strategies as part of a team to be successful. Game Play

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Fundamentals					
Agility the ability to rapidly change direction, accelerate or decelerate. Balance to hold a firm stance. Coordination The ability to control the movement of the body in cooperation with the body's functions. Hand eye coordination	Agility the ability to rapidly change direction, accelerate or decelerate. Balance to hold a firm stance. Coordination The ability to control the movement of the body in cooperation with the body's functions. Hand eye coordination	Agility the ability to rapidly change direction, accelerate or decelerate. Balance to hold a firm stance. Coordination The ability to control the movement of the body in cooperation with the body's functions. Hand eye coordination	Agility the ability to rapidly change direction, accelerate or decelerate. Balance to hold a firm stance. Coordination The ability to control the movement of the body in cooperation with the body's functions. Hand eye coordination	Agility the ability to rapidly change direction, accelerate or decelerate. Balance to hold a firm stance. Coordination The ability to control the movement of the body in cooperation with the body's functions. Hand eye coordination	Agility the ability to rapidly change direction, accelerate or decelerate. Balance to hold a firm stance. Coordination The ability to control the movement of the body in cooperation with the body's functions. Hand eye coordination

For More Information on game play and rules see LS or on Staff shared work. [Link Handball Basics.](#)

Previous learning Netball.