

## Year 5 Multi Sports – With link to striking and fielding skills.

Y5



National Curriculum subject content:
<ul style="list-style-type: none"> <li>✓ Use running jumping, throwing, and catching in isolation.</li> <li>✓ Play competitive games and apply basic principles of attacking and defending.</li> <li>✓ Develop flexibility, strength, technique, control, and balance.</li> <li>✓ Use running, jumping and catching in isolation and in combination</li> <li>✓ Play competitive games, modified where appropriate (for example, <b>badminton, basketball, cricket, football, hockey, netball</b>, rounders and tennis) and apply basic principles suitable for attacking and defending.</li> </ul>

National Curriculum theme:
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Key Vocabulary:	
Cricket specific	Boundary bowl fielder stumps strike wicket keeper
Own space	Area of own
Badminton specific	Serve rally racket accuracy footwork
Speed/ space timing	How long something takes
Direction	The way you travel
Scoring accuracy	Points in a game
Reaction time area intercept	How quick you do something. Get into an area / get the object
Mark/ possession	Physical control of the ball
Defend Attack	To keep area safe from others entering or scoring
Netball specific	Dodge, shoot pass, distance, goal, third, centre, positional play
Basketball specific	Dribble, travel, shoot, backboard, key zone
Golf specific	Par driver putter tee

Sequence of Learning:					
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Objectives (key knowledge):					
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To learn basic passing and receiving skills within the game of netball.	LO: To learn to use a badminton racket to strike a shuttle cock with accuracy and control.	LO: To use striking skills to dribble and pass a ball.	LO: To learn to strike a ball using the correct power and technique to strike a target. Is to	LO: To use striking, bowling and fielding skills to play a simple cricket game.	LO: To use knowledge of striking, bowling and fielding skills to devise and play a simple game.
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Fundamentals					
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Netball	Badminton	Hockey	Golf	Cricket	Devise own games. These can be used as part of the Sports Crew development.
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