

PE Invasion Games Handball

Y4

National Curriculum subject content:
<ul style="list-style-type: none"> ✓ Use running jumping, throwing, and catching in isolation. ✓ Play competitive games and apply basic principles of attacking and defending. ✓ Develop flexibility, strength, technique, control, and balance
National Curriculum theme:
<ul style="list-style-type: none"> ✓ Invasion games ✓ Large ball skills



Key Vocabulary:	
Accurate	correct and careful and on target
Jump shot	vertical jump shot thrown downwards to opponents' goal
Pass	to give to someone else
Receive	given to
Safe zone	an area where cannot go or score from
Scanning	quickly look around in all directions
Shoot	aim at a target
Space	an area to yourself
Speed/space timing	how long something takes
Standing shot	feet still, using shoulder pass technique
Static	motionless or still
Strategy	a plan
Travel	ways to move
W hand	hands in w position (thumbs touching)

Sequence of Learning:					
Objectives (key knowledge):					
To learn to pass the ball accurately towards a partner or teammate.	To learn to choose different ways to pass the ball.	To learn to shoot a ball at a target.	To learn where and how to shoot.	To learn to use simple tactics in a small, sided handball game.	To learn to play competitively against an opponent or small team.
Fundamentals					
Agility the ability to rapidly change direction, accelerate or decelerate. Balance to hold a firm stance. Coordination	Agility the ability to rapidly change direction, accelerate or decelerate. Balance to hold a firm stance. Coordination	Agility the ability to rapidly change direction, accelerate or decelerate. Balance to hold a firm stance. Coordination	Agility the ability to rapidly change direction, accelerate or decelerate. Balance to hold a firm stance. Coordination	Agility the ability to rapidly change direction, accelerate or decelerate. Balance to hold a firm stance. Coordination	Agility the ability to rapidly change direction, accelerate or decelerate. Balance to hold a firm stance. Coordination The ability to control the movement of the body in

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The ability to control the movement of the body in cooperation with the body's functions. Hand eye coordination	The ability to control the movement of the body in cooperation with the body's functions. Hand eye coordination	The ability to control the movement of the body in cooperation with the body's functions. Hand eye coordination	The ability to control the movement of the body in cooperation with the body's functions. Hand eye coordination	The ability to control the movement of the body in cooperation with the body's functions. Hand eye coordination	cooperation with the body's functions. Hand eye coordination
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For More Information on game play and rules see LS or on Staff shared work. [Link Handball Basics.](#)

Previous learning Multi Skills/ Rugby