

## PE Invasion Games Handball

Y3

National Curriculum subject content:
<ul style="list-style-type: none"> <li>✓ Use running jumping, throwing, and catching in isolation.</li> <li>✓ Play competitive games and apply basic principles of attacking and defending.</li> <li>✓ Develop flexibility, strength, technique, control, and balance</li> </ul>
National Curriculum theme:
<ul style="list-style-type: none"> <li>✓ Invasion games</li> <li>✓ Large ball skills</li> </ul>



Key Vocabulary:	
Accurate	Correct careful on target
Jump shot	Vertical jump shot thrown downwards to opponents' goal.
Pass	To give to someone else
Receive	Given to
Safe zone	An area where can not go or score from.
Scanning	Quickly look around in all directions.
Shoot	Aim at a target.
Space	An area to self.
Speed/ space timing	How long something takes.
Standing shot	Feet still using shoulder pass technique.
Static	Motionless or still.
Strategy	A plan.
Travel	Ways to move
W hand	Hands in w position (thumbs touching)

Sequence of Learning:					
Objectives (key knowledge):					
To learn to pass a ball accurately.	To learn to pass and receive the ball.	To learn to hit a target.	To learn to find a space to receive a pass in Handball.	To learn how to play a small, sided handball game.	To know how to play a game with a partner or small group.
Fundamentals					
Agility the ability to rapidly change direction, accelerate or decelerate. Balance to hold a firm stance.	Agility the ability to rapidly change direction, accelerate or decelerate. Balance to hold a firm stance.	Agility the ability to rapidly change direction, accelerate or decelerate. Balance to hold a firm stance.	Agility the ability to rapidly change direction, accelerate or decelerate. Balance to hold a firm stance.	Agility the ability to rapidly change direction, accelerate or decelerate. Balance to hold a firm stance.	Agility the ability to rapidly change direction, accelerate or decelerate. Balance to hold a firm stance. Coordination

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Coordination The ability to control the movement of the body in cooperation with the body's functions. Hand eye coordination	Coordination The ability to control the movement of the body in cooperation with the body's functions. Hand eye coordination	Coordination The ability to control the movement of the body in cooperation with the body's functions. Hand eye coordination	Coordination The ability to control the movement of the body in cooperation with the body's functions. Hand eye coordination	Coordination The ability to control the movement of the body in cooperation with the body's functions. Hand eye coordination	The ability to control the movement of the body in cooperation with the body's functions. Hand eye coordination
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For More Information on game play and rules see LS or on Staff shared work. [Link Handball Basics.](#)

Previous learning Multi Skills/ Rugby