PE Maypole

Y2 term Summer 1

National Curriculum subject content:
✓ perform dances using simple movement patterns ✓ master basic movements including running, jumping, throwing, and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities
National Curriculum theme:
✓ dance

Key Vocabulary:	
Anticlockwise	moving to the left
Beat	a regular movement or sound
Circling	moving around in a circle shape
Clockwise	direction of clock hands going forwards (to the right)
Direction	along which someone or something moves
Hold	grip with hand
Left/ right	direction
Maypole	painted pole with ribbons and flowers
Partner	a person to work or be with
plait	pleat or fold of fabric or hair
Ribbon	thin strip of material
Skip	move lightly from one foot to another

Sequence of Learning:					
Objectives (key knowledge):					
To learn to keep to the beat. (4 and 8)	To learn to circle in a clockwise and anticlockwise direction. To learn to skip.	To learn to move in a forward and backwards direction.	To learn to move arms in an up and down direction. (Keeping count and on the beat.)	To learn to weave in and out a dance partner.	To perform a simple dance routine.
Fundamentals					
Agility the ability to rapidly change direction, accelerate or decelerate. Coordination The ability to control the movement of the body in cooperation with the body's functions.	Agility the ability to rapidly change direction, accelerate or decelerate. Coordination The ability to control the movement of the body in cooperation with the body's functions.	Agility the ability to rapidly change direction, accelerate or decelerate. Coordination The ability to control the movement of the body in cooperation with the body's functions.	Agility the ability to rapidly change direction, accelerate or decelerate. Coordination The ability to control the movement of the body in cooperation with the body's functions.	Agility the ability to rapidly change direction, accelerate or decelerate. Coordination The ability to control the movement of the body in cooperation with the body's functions.	Agility the ability to rapidly change direction, accelerate or decelerate. Coordination The ability to control the movement of the body in cooperation with the body's functions.

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