

PE

Year 2 Attacking and Defending Football Skills Focused Summer 2



<b>National Curriculum subject content:</b>
Participate in team games, developing simple tactics for attacking and defending.
Develop balance, agility, and coordination.
Master basic movements including running, jumping, throwing and catching as well as developing balance agility and coordination and begin to apply these in a range of activities.
<b>National Curriculum theme:</b>
Defending and attacking. Previous linked units Multi skills and defending

<b>Key Vocabulary:</b>	
Dribble	Long curved stick used to hit a ball in hockey
Defend	Stop an attack
Receive	To get the object
Shoot	Move along the surface
Tactic	Actions/ plans to achieve a result
Team	A group of people
Speed	Moving fast or slow
Direction	Way you are travelling? Going (left/ right/ forward/ backwards/ sideways
Passing	To give to another player
Control	A movement to move the object
Shooting	Aim at a target
attack	Number of points you earn for achieving something
Goal	The area the ball has to enter to score a point.
Attacker	A person who wishes to gain control of the ball
Kick	To strike with foot

<b>Sequence of Learning:</b>					
<b>Objectives (key knowledge):</b>					
To learn to stop, send and receive a ball.	To learn to control a ball and to change direction.	To learn to shoot a ball at a target with accuracy.	To learn to use defending skills to protect an area.	To learn to use attacking and defending skills.	To learn to use attacking and defending defending tactics within a small game situation.

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Fundamentals / Organisation					
Pair work	Individual and pair work	Pair and small groups	Small groups	Small group activities	Small groups mini games
Spatial awareness ( change of direction) Agility the ability to rapidly change direction, accelerate or decelerate. Balance to hold a firm stance. Coordination The ability to control the movement of the body in cooperation with the body's functions. Hand eye coordination	Agility the ability to rapidly change direction, accelerate or decelerate. Balance to hold a firm stance. Coordination The ability to control the movement of the body in cooperation with the body's functions. Hand eye coordination Working in pairs and small groups.	Agility the ability to rapidly change direction, accelerate or decelerate. Balance to hold a firm stance. Coordination The ability to control the movement of the body in cooperation with the body's functions. Hand eye coordination	Agility the ability to rapidly change direction, accelerate or decelerate. Coordination The ability to control the movement of the body in cooperation with the body's functions. Hand eye coordination Spatial awareness Understand basic skill of passing.	Agility the ability to rapidly change direction, accelerate or decelerate. Balance to hold a firm stance. Coordination The ability to control the movement of the body in cooperation with the body's functions. Hand eye coordination Working in pairs and small groups.	Agility the ability to rapidly change direction, accelerate or decelerate. Balance to hold a firm stance. Coordination The ability to control the movement of the body in cooperation with the body's functions. Hand eye coordination Working in small groups and larger teams.

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**Prior Learning:** In Year 1, children learned how to stop a ball with the sole of their foot. They began to learn how to pass a ball using the inside of their foot, and how to dribble the ball keeping it near to them. They also learned how to find space in the game, and to shoot into targets. They were introduced to small sided 2v2 games.

**Key Skills**

**Physical Me**

- Kicking**      **Agility**
- Running**    **Balance**
- Dribbling**   **Co-ordination**
- Passing**

**Value Me:**  
 - Fair Play  
 - Honesty

**Thinking Me**  
 How can I move into a space?

**Social Me**  
 - Communication  
 - Encourage  
 - Collaboration



**Invasion Games you can play...**

- Football
- Basketball
- Rugby
- Handball
- Hockey
- Lacrosse
- Netball

**Key Vocabulary**

Score

Space

Invasion

Aware

Inside

Outside

Tackle

**Key Knowledge**

- Space-** It is important to run into a space so one of your team can see you easily and pass to you.
- Stopping the ball** - When stopping the ball use the sole, inside or outside of your foot.
- Passing** - Use the inside of foot, point your foot in direction of pass
- Dribble** - Use the inside of foot, head up, keep the ball close to you.

**Invasion Games have...**

**Attackers**

- Aim to score a goal or point
- Create space
- Keep possession
- Move into a scoring position

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**Defenders**

- Try and stop the opposition from scoring
- Mark the opposition
- Try and win the ball back