

PE

Y 1 term Autumn 1 Outdoor Adventure Activity

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| <b>National Curriculum subject content:</b>   |
| <ul style="list-style-type: none"> <li>✓ Most basic movements including running, jumping throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities,</li> <li>✓ Participate in team games.</li> </ul> |
| <b>National Curriculum theme: Links</b>   |
| <ul style="list-style-type: none"> <li>✓ Outdoor Adventure Activities.</li> <li>✓ Cross curricula links<br/>Year 1 Geography map skills and maths positional language</li> </ul>  |



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|------------------------|------------------------------------|
| <b>Key Vocabulary:</b> |                                    |
| Direction              | Way travelling                     |
| Game                   | Played to win                      |
| Key                    | Symbol to represent an object      |
| Left                   | A direction                        |
| Locate                 | Where something is                 |
| Map                    | Symbols pictures to help locate    |
| Problem                | Something to cause difficulty      |
| Right                  | A direction                        |
| Speed                  | Fast or slow                       |
| Team                   | A group of people working together |
|                        |                                    |
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|--|---|--|--|---|--|
| <b>Sequence of Learning:</b>   |   |  |  |   |  |
| <b>Objectives (key knowledge):</b>   |   |  |  |   |  |
| <p>To understand and use positional language.</p> <p>To learn to participate in simple team games.</p> | <p>To learn to move at different speeds and direction.</p> <p>To learn to use a simple map key.</p> | <p>To learn to cooperate with a partner to solve simple problems.</p> <p>To learn to use a simple map to locate key positions.</p> | <p>To learn to cooperate as a team to complete a task.</p> | <p>To learn to follow instructions.</p> <p>To learn how to solve simple problems.</p> | <p>To learn to use different tactics when participating in team games.</p> |
| <b>Key events timeline possible activities</b>   |   |  |  |   |  |
| <p>Blind fold walk<br/>Goodies and baddies<br/>The statue races.</p>                                   | <p>Face maps</p>  | <p>Maps to find the missing animals.<br/>Cross the river</p>   | <p>Invaders game.<br/>Map location activities</p>          | <p>The cone down game.<br/>Crack the code.</p>  | <p>Trash in my garden</p>  |