

DT: Where does food come from?

Y1 spring 2 term



National Curriculum subject content:
<ul style="list-style-type: none"> ✓ Cooking and Nutrition ✓ Use the basic principles of a healthy and varied diet to prepare dishes. ✓ Understand where food comes from. ✓ Select from and use a wide range of materials and components , including construction materials, textiles and ingredients, according to their characteristics ✓ Design purposeful functional appealing products for themselves and others based on criteria.
National Curriculum theme:
<ul style="list-style-type: none"> ✓ Cooking and Nutrition

Key Vocabulary:	
Chop	cut something with a tool
Cut	make an opening with sharp edge
Design	a plan or drawing
Fruit	a food sweet from a tree or other plant which can be eaten
Healthy	good for you
Ingredients	foods used to make a dish or meal
Peel	remove the outer covering or skin from a fruit or vegetable
Product	a thing or object
Recipe	instruction to make a food item
Research	find out about
Safe	not to get hurt
unsafe	could be harmful
vegetables	plant or part of plant that can be eaten

Sequence of Learning:					
Objectives (key knowledge):					
Lesson 1 To learn to identify fruits and vegetables.	Lesson 2 To learn to identify where fruit and vegetables grow and which parts we eat.	Lesson 3 To learn to select and use a range of materials to cut, grate and peel vegetables.	Lesson 4 To research and evaluate products.	Lesson 5 To design our own healthy fruit-based snack.	Lesson 6 To learn to follow a design to make a product. To evaluate a product.
Task and cross-curricular links					
Sorting activity. Links to geography topic. Where does our food come from.	Sorting Adult model cutting. Link to food tasting. Links to science growing.	Olivers vegetables story link. Use tool with adult supervision.	Food fruit tasting. What I like don't like.	Based on research design your healthy fruit snack. (Fruit face/ kebab/ salad) Why is it healthy? Why did you select these foods?	Using your research and design, prepare an appealing healthy fruit-based snack for yourself.